

### **Herrar 10 km**

Adam Bitén	00:39:32
Andreas Karlsson	00:39:45
Oscar Ramirez Valdes	00:45:10
Renzo Neira	00:45:21
Jonas persson	00:46:23
Stephen McDonough	00:50:32
Jens Skoogh	00:52:04
Jörgen Eriksson	00:52:04
Johan Janzén	00:53:43
Anders Hedlund	00:53:50
Peder Markstedt	00:56:40
Peter Andersson	01:05:09
Benny Hedlund	
Daniel Holmberg	
Jesper Johansson	
Magnus Bolin	
Magnus Söderberg	
Per Furberg	
Urban Boman	

### **Damer 10 km**

Lenita Hellman	01:00:02
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### **Damer 5 km**

Helén Fahlgren	00:31:03
Åsa Andersson	00:31:03
Gun-Mari Lindqvist	00:31:41
Inger Granlund	00:49:30
Margareta Carlbäck	00:49:32

### **Herrar 5 km**

Sammy Pergament	00:19:29
Jonny Hjertström	00:21:33
Anton Elingstam	00:27:08
Tony Elingstam	